

# **BLUMENORT SCHOOL**

**BENGALS UPDATE 11 - NOVEMBER 9, 2023** 

### Term 1 Report Cards & Parent-Teacher Conferences

In a few short days, our students will have completed the first term of the school year and that will be followed by our Parent-Teacher Conferences. A letter is included in this email outlining the options for making an appointment to see your child's teacher. Please keep the following dates in mind...

- Monday, November 20th @ 3:45 Report Cards available to view on the Parent Portal\*\*
- Thursday, November 23rd K-8 Parent-Teacher Conferences

#### Blumenort School Cookie Dough Fundraiser

Thank you to everyone who participated in our Momentum Gourmet Cookie Dough Fundraiser. As mentioned last week, we sold just over \$7000, which resulted in a profit of just over \$2800. Thank you!!! Congratulations to our top sellers...

• Toys-R-Us Prize Pack - Marisol D.

- Walmart Prize Pack Ezra & Lucy D.
- Walmart Prize Pack Maddy & Miley G.
- McDonalds Prize Pack Jaxon G.

#### Blumenort School PAC Fundraiser

A reminder that our PAC is running a La Cocina Chip Fundraiser in the month of November. Forms have been handed out. We ask that you please bring completed forms and payment (cash or cheque made out to 'Blumenort PAC') to the office by November 15th. Order pick up will be the week after at the school. We will send out another update with the date and pick up time. Proceeds raised through this fundraiser will be going towards the new play structure and a portion to staff appreciation. Thank you in advance for your support!

## Umbrella Project - Dr. Jen

The story we tell ourselves is a choice. By recognizing and acknowledging when we are using self-defeating and fixed self-talk, we can start to choose a growth mindset voice instead. Recognizing that we have a choice of which voice to hear is a big step towards using a growth mindset voice. When you hear your child using a fixed mindset frame of reference, remind them that, much like opening our umbrella to protect us from the rain, the choice is up to them. Knowing this choice exists can help children take control and feel empowered in situations where they would normally feel powerless. Here are some fixed mindset statements and alternatives we can choose:

INSTEAD OF	SAY THIS
I'm not good at this.	What am I missing?
I give up.	I'll use a different strategy.
Plan A didn't work.	There's always a Plan B.

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<sup>\*\*</sup>Please be reminded that paper copies of Report Cards will not be sent home. To view report cards on-line you will need to log onto the parent portal. On the left hand menu click on Report Card. Then select "Switch to Electronic Report Card".