



BLUMENORT SCHOOL

BENGALS UPDATE 16 - DECEMBER 15, 2023

Bengals Music Department Update

Blumenort School Grade 1-3 Christmas Program

"Cold Snap"

Thursday, December 21st at the Blumenort Community Church

Performance times are at 2:00 and 6:30pm.

Grade 7&8 VisCom Colouring Books

Our Grade 7 and 8 VisCom students have once again created a hand drawn colouring book of two and three point perspective gingerbread houses. There are over 70 colouring pages for \$5 a book. All proceeds will go to the South East Helping Hands. Please stop by our main office between December 18th-22nd to purchase. Thank you!

Blumenort Community Library Christmas Holiday Story Hour

Parents/Caregivers are welcome to come on down with their children for story time at the Blumenort Community Library (in the Blumenort Community Church) to listen to some fun stories being read by members of our community. The dates are Wednesday, December 27th and Wednesday, January 3rd from 10:30-11:30am.

Grade 8 Farewell Committee Meeting

Our Grade 8 Farewell is held every June, but the planning needs to begin as soon as the new year arrives. We have had a couple of parents express interest in being on our committee so here is our official invitation to all Grade 8 parents. Please email Mrs. Benitez in our main office if you are interested.

Umbrella Project - Dr. Jen

Keep the kindness challenge going - As we approach the end of the month, keep kindness going by challenging everyone in the family to do one act of kindness each week. Pick a day that the family eats dinner together regularly and make it a reoccurring Kindness day. Have everyone in the family take turns sharing the story of the kind thing they did that week with the rest of the family. This makes for great dinner conversation and primes their brains to look for opportunities to intentionally use kindness. It also helps to sustain the good feeling we get from being kind when we share the experience with others.

At the beginning, your child may need reminders to look for opportunities to be kind. My mom used the expression, "spread a little sunshine" with us as kids and I still use that expression with my own family. It helps to keep them thinking about how they can have a positive impact every day. She didn't know it at the time, but the research now shows that kindness is something we can actually spread! Keep kindness going in your family for long lasting benefits!