



BLUMENORT SCHOOL

BENGALS UPDATE 20 - JANUARY 26, 2024

February @ Blumenort School

The month of February is typically one of the busiest months of the school year and this year will not be any different! Not only will we be celebrating Black History Month, but we will also focus on I Love to Read Month and as always our monthly Umbrella Project skill. Here is a quick overview of how everything will tie together...

BLACK HISTORY MONTH

- **Kindergarten to Grade 3 Presentation - Thursday, February 1st from 9:15-9:45am**

This presentation serves as a great age-appropriate introduction for grades K-3 to important topics that our society is facing surrounding race and diversity. We take concepts that are complex and often very heavy, and are able to distill them down to their most basic form. With the use of story-telling, dynamic multimedia, and interactive moments, young students gain an important foundational understanding regarding these topics in a fun and engaging way. Please note that parents are very welcome to attend!

- **Grade 4-8 Presentation - Thursday, February 1st from 10:00-11:00am**

In this presentation our speaking team empowers students to put an end to Anti-Black racism, and stress the importance of treating everyone with kindness and respect no matter what they look like. Please note that parents are very welcome to attend!

- **Classroom Instruction**

Teachers will have weekly lessons planned and they will be well aware of the age of their audience.

I LOVE TO READ MONTH

- **Stop, Drop & Read**

One of our I Love to Read month traditions returns once again. When the announcement is made over the PA system, students will drop everything and read for approximately 10 minutes.

- **Corny Rempel Assembly**

What would our I Love to Read month be without Corny Rempel? Mark your calendars for Monday, February 26th at 11:00am. Please note that parents are very welcome to attend!

UMBRELLA PROJECT

- **Self-Efficacy**

As discussed more in depth later in our newsletter, Self-Efficacy is the belief in your ability to execute the behaviours and actions necessary to achieve a goal. This is a skill of critical importance when it comes to taking on a new challenge. It's a great tie in to the individual or classroom reading goals for I Love to Read month.

Pink Shirt Day - February 28th

On Wednesday, February 28th, our students will also be participating in Pink Shirt Day Canada. The overall focus is about anti-bullying and promoting kindness. More info to come.

World's Finest Chocolate Almond & Assorted Chocolates Fundraiser

Our annual, school-wide World's Finest Chocolate Fundraiser is set to begin on February 5th and will run until March 4th. This year, we will only be selling our ever popular almonds. A letter asking if your family is interested in selling has been sent home. Thank you for your support!

The Umbrella Project @ Blumenort School

Welcome to **Self-Efficacy** month at the Umbrella Project!

So you might wonder, what is self-efficacy and how will it help my child? The easiest way to think about self-efficacy is as our “I can do this” or “I cannot do this” skill. It’s the belief in ourselves and our ability to succeed or manage situations. As you can imagine, self-efficacy has dramatic effects on our children’s behaviour, effort, learning and achievement. When your child doesn’t feel that they can do something, they are unlikely to give the task a lot of their time and energy and thus are unlikely to succeed at that task.

Self-efficacy is a big part of motivation. This skill gets stronger the more we overcome difficulties and challenges related to our goals. As your child's self-efficacy increases, they will feel a greater sense of positive control over their lives, which is a critical part of their wellbeing!

PROVIDE REGULAR POSITIVE ENCOURAGEMENT

One of the ways we can improve motivation and self-efficacy in our children is social persuasion. Social persuasion in the form of positive encouragement is the concept that your child can be persuaded to believe in themselves by others around them and this can be a powerful tool in parenting for wellbeing.

“Believe you can and you are halfway there” may sound cliché, but research shows it is true. People who believe in themselves are much more likely to achieve their goals. When it comes to self-efficacy, we can actually help our child believe in their ability to handle new tasks or take on challenges, just by giving them regular positive encouragement. Your confidence in them will help your child overcome their self-doubt and grow this very important skill.

Small tasks and goals are a great place to start because they provide quick feedback to your child on their abilities and help them gather evidence that they can accomplish many different things.

Kindergarten Registration for the 2024-2025 School Year

Kindergarten Registration for the 2024-2025 school year is now open. Parents and caregivers are encouraged to register their children in January for September entry, as this will assist schools in planning and scheduling. Early registration also provides the opportunity to participate in upcoming orientation events in spring. To be eligible for September registration (2024-25 school year), children must be five years of age on or before December 31, 2024. Students are required to attend the school within the catchment area where they reside, which ensures balanced enrollment across the division. For more information on school catchment areas and how to begin the online registration, please check out...

<https://hsd.ca/schools/student-registration/>

Blumenort School Indigenous Merchandise Orders

For those interested in purchasing our Blumenort School Indigenous Merchandise, this will be your final reminder as orders are due on January 31st. Our options are for T-Shirts, Hoodies and Toques in black, grey and orange. The logo will be as shown below. If you didn’t receive a paper copy of the order form, please let us know.





FEBRUARY 2024

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Black History Month Anti-Racism Assemblies <i>Day 2</i>	2 Professional Development Day NO CLASSES
5 Chocolate Almond Fundraiser Begins! <i>Day 3</i>	6 <i>Day 4</i>	7 <i>Day 5</i>	8 Grade 8 Presentation by the SRSS Team <i>Day 6</i>	9 <i>Day 1</i>
12 <i>Day 2</i>	13 <i>Day 3</i>	14 <i>Day 4</i>	15 <i>Day 5</i>	16 <i>Day 6</i>
19 Louis Riel Day NO CLASSES	20 <i>Day 1</i>	21 <i>Day 2</i>	22 Grade 8 SRSS Orientation & Open House <i>Day 3</i>	23 HTA Professional Development Day NO CLASSES
26 Corny Rempel Assembly @ 11am <i>Day 4</i>	27 <i>Day 5</i>	28 Pink Shirt Day <i>Day 6</i>	29 <i>Day 1</i>	

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