



BLUMENORT SCHOOL

BENGALS UPDATE 28 - MARCH 22, 2024

The Umbrella Project @ Blumenort School

This month our focus is on building **Cognitive Flexibility**. What will cognitive flexibility do for my child?

Life doesn't always follow a predictable pattern; cognitive flexibility helps our children navigate this uncertainty and feel like they have more options when faced with challenges. As things change around them, they need to change in order to maintain their wellbeing. With cognitive flexibility your child will be better able to change strategies when faced with new and unexpected situations, make sense of the unfamiliar and thrive in uncertainty. Cognitive flexibility is important for innovating, coming up with new ideas and solving problems, and is essential to creativity. It will also help them understand people and situations that are different from theirs and improve their relationships. This month we can't wait to walk you through this cool skill and help you find ways to flex this part of your child's brain.

SUCCESS ISN'T ALL ABOUT GETTING SERIOUS by DR. JEN

Positive mood has been found to enhance creative problem solving and focus at school. How does this happen? Cognitive flexibility! This handy dandy skill can be increased just by using a little humour. Use this month to focus on having some good family laughs before getting started on homework or trying new things. It's easy to get really serious about our child's future success and what they need to accomplish in order to get there. Unfortunately, the stress of this approach can actually move them in the opposite direction of the success they were hoping for. This month, laugh a little more as you help your child through the struggles of picky eating, examtime or learning a new skill. Try telling a few jokes back and forth to set the tone for learning. You may find this approach makes everybody more flexible.

Kindergarten Registration for the 2024-2025 School Year

Kindergarten Registration for the 2024-2025 school year is now open. Parents and caregivers are encouraged to register their children in January for September entry, as this will assist schools in planning and scheduling. Early registration also provides the opportunity to participate in upcoming orientation events in spring. To be eligible for September registration (2024-25 school year), children must be five years of age on or before December 31, 2024. Students are required to attend the school within the catchment area where they reside, which ensures balanced enrollment across the division. For more information on school catchment areas and how to begin the online registration, please check out...

<https://hsd.ca/schools/student-registration/>

Providence University College Spring Break Soccer Camp

Providence is excited to offer a 4-day soccer camp experience during Spring Break. Join Providence Women's Soccer Head Coach Tory Walker and Men's Soccer Head Coach Gio Benitez Friesen, along with their players for 4 days of soccer skills, games and more. Here are the details...

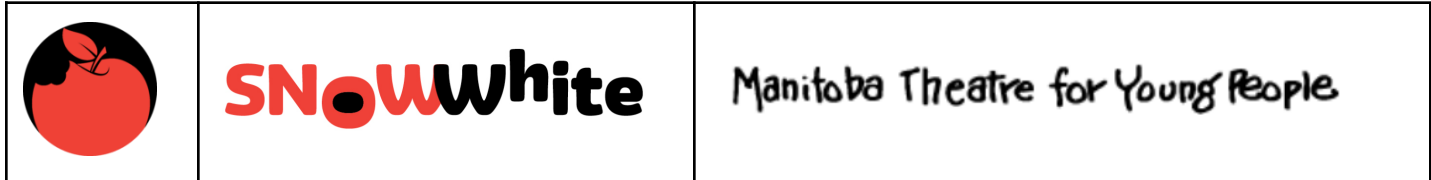
- Dates: March 25-28, 2024
- Location: Providence University College
- Ages: 8-12 Years Old
- Drop off: 8:30am in the gym & Pick up: 5:00pm in the gym.
- Cost: \$175 + GST
- Lunch in the cafeteria and snacks provided daily.
- Please bring indoor shoes/cleats, water bottle, and wear athletic clothing.
- Any questions please contact Tracy McDonald at tracy.mcdonald@prov.ca
- <https://my.prov.ca/forms/athletics/soccer-spring-break-camp/>

Blumenort PAC Rocco's Pizza Fundraiser & Constitution Update

The PAC will be doing a Rocco's Pizza Fundraiser in April. Selling forms will be sent home the first week of April. There will be a prize for the student who sells the most pizzas AND a pizza party for the class that sells the most pizzas! All funds raised will go towards the new play structure! The PAC has also made amendments to the Blumenort School PAC constitution. Please contact the PAC secretary if you would like an updated copy.

Manitoba Theatre for Young People

Blumenort School is pleased to welcome the Manitoba Theatre for Young People to our school on Thursday, April 11th for their performance of Snow White. Start time is 1:45pm and will be for our Grade 1-7 students. In the play, Snow White tells her side of the story in this clever adaptation of The Grimm Brothers classic. Two actors play Snow White, the huntsman, the prince, and all seven of the dwarves in this hilarious, unexpected take on the timeless fairy tale. Plus, a twist so good you'll never see it coming, even with a mirror in your hand!



Steinbach Arts Council - April 2024



Backyard Theatre COMPANY
FOXTON FOUNDER'S DAY: THE STORY OF MR FOX
SRSS THEATRE | April 9, 2024
\$6 assigned seating. Get yours now!
STEINBACHARTS.CA | 204.346.1077



Fuston Musical Theatre
Disney
BEAUTY AND THE BEAST
SRSS Theatre | April 27 - April 28, 2024
\$8 assigned seating. Get yours now!
STEINBACHARTS.CA | 204.346.1077
NATURE'S FARM EST. 1991



APRIL 2024

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---------------------------|---|--|---|
| 1 Welcome Back! <i>Day 5</i> | 2 <i>Day 6</i> | 3 Umbrella Project Cognitive Flexibility Kickoff Assembly <i>Day 1</i> | 4 <i>Day 2</i> | 5 Grade 7 MYLO <i>Day 3</i> |
| 8 <i>Day 4</i> | 9 <i>Day 5</i> | 10 <i>Day 6</i> | 11 MTYP Snow White <i>Day 1</i> | 12 <i>Day 2</i> |
| 15 Professional Development Day NO CLASSES | 16 <i>Day 3</i> | 17 <i>Day 4</i> | 18 <i>Day 5</i> | 19 <i>Day 6</i> |
| 22 <i>Day 1</i> | 23 <i>Day 2</i> | 24 Grade 6 Immunizations AM <i>Day 3</i> | 25 <i>Day 4</i> | 26 Grade 8 MYLO <i>Day 5</i> |
| 29 <i>Day 6</i> | 30 <i>Day 1</i> | | | |

Principal: Dave Schettler - dschettler@hsd.ca • Vice-Principal: Vanessa David - vdavid@hsd.ca
10 Park Street • Blumenort, MB • R0A 0C1 • Phone: (204) 326-1757 • Fax: (204) 326-8125
Main Email: blumenort@hsd.ca • Website: <http://blumenort.hsd.ca>
twitter: #BlumenortHSD • Instagram: blumenorthsd