



# BLUMENORT SCHOOL

**BENGALS UPDATE 07 - OCTOBER 11, 2024**

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## **Mom's Pantry School-Wide Fundraiser - September 20th-October 11th**

Our Mom's Pantry school-wide fall fundraiser is set to close today, but will be extended to Monday @ midnight.

## **Bus Safety & Evacuation Drills - October 15-18th**

National School Bus Safety Week is an active and evolving public education program and an excellent way for parents, students, teachers, motorists, school bus operators, school administrators, and other interested parties - to join forces and address the importance of school bus safety. As part of this year's School Bus Safety Week, which is entitled, "Drive Safely into the Future!" one of our local drivers will host some onsite bus safety sessions and evacuation drills for our students.

## **Grade 7&8 MYLO - Middle Years Learning Opportunities for October**

Our Grade 7&8 MYLO is now in full swing. For those wondering what MYLO is, it's taking the time we once used for Tech. Ed and Home Ec. and having our students participate in a number of great learning opportunities with our own staff. In September, our Grade 7&8 students connected with the Homeroom Teachers as part of Strong Connections. This month, MYLO continues with two separate events - our Grade 7s will be visiting the Blumenort Fire Hall to connect with our local firefighters. The date is still to be confirmed. Meanwhile our Grade 8s headed to Winnipeg this past week and visited the Bio Lab. As always, if you have any questions, please let us know.

## **Blumenort Parent Advisory Council - Annual General Meeting - October 16th**

The Blumenort PAC AGM will be held on Wednesday, October 16th, at 9:15am, here at our school. All parents are welcome to attend! We currently have two roles available on the PAC. The first is a Student/Parent Liaison. This would be a touch point for parents as well as to communicate with the larger student body. They could also help with organizing other new school initiatives (i.e. school canteen, etc.). The second is a Fundraising Coordinator. This would become the contact for organizing fundraising initiatives, as well as to assist in the ongoing fundraising project for the K-2 play structure. Please send your name to the school or directly to the PAC board if you are interested in joining! And don't hesitate to reach out if you have any questions or would like further information. You can contact our Board Chair, Nicole Plett at [nicoleplett9@gmail.com](mailto:nicoleplett9@gmail.com)

## **The Umbrella Project - Dr. Jen**

**Advanced gratitude** - Now that we have been working on our gratitude for a few weeks, it's a great time to introduce what can be thought of as a more advanced form of gratitude called 'connective gratitude'. As parents, we do a pretty good job of training our children to demonstrate so-called 'expressive gratitude'. Expressive gratitude means saying thank you and verbally expressing our gratitude. However, many children are so conditioned to say thank you that they rarely think twice about it. Showing that we are grateful goes much deeper and gets into the realm of connective gratitude. Connective gratitude means offering something meaningful to another person as an expression of gratitude, something that they would like to receive. This is a level up when it comes to being grateful and takes into account more fully the feelings and wishes of the other person. This also helps us to build empathy. Here's an example: You go back to school shopping with your child and buy them some new outfits for school this year. Expressive gratitude: Your child says, "Thank you so much, I love them!" Connective gratitude: Instead of throwing their clothes on the floor at the end of the day, they take care of them by folding and putting them away as you have been asking them to do for months. In the connective gratitude example, they are thinking about what you might appreciate and doing that as a way to show their gratitude. This example is certainly pulled from my own life and what connective gratitude would look like for me but it is different for everyone. The big idea is that you are thinking about what the other person would like to receive. Helping your children reflect on these opportunities to show their thanks in a connective way is a great way to build and advance their gratitude skills.

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