

### **BLUMENORT SCHOOL**

BENGALS UPDATE 28 - MARCH 21, 2025

#### Report Cards & Parent-Teacher Conferences

Thank you to everyone who made it out to our Parent-Teacher Conferences! Our apologies for those who waited longer than expected to see their homeroom teacher. As we head into Term 3, we encourage our families to continue to communicate with their teachers over the next few months, rather than wait until the end of the year. Last night, we also encouraged everyone to check out our Learning Support & Admin Team Info Booth that was located in our Main Entrance. The booth offered valuable information on the latest topics connected to the areas of Literacy, Numeracy, EAL, Counselling, etc. If you didn't get a chance to stop by, those handouts will be posted shortly on our website.

#### **Outstanding Fees on Parent Portal**

Please be sure to check your child's account and make any outstanding fee payment accordingly. You can also pay fees in the office with cash or cheque.

#### <u>Healthy Lunches & Snacks</u>

Just a friendly reminder to ensure your child has enough lunch and snacks to keep their energy up throughout the day! A well-fueled student is a happy and focused learner, ready to take on all the fun and challenges school brings. A balanced lunch and healthy snacks help support their concentration and well-being, so they can make the most of every moment.

#### Providence University College Spring Break Soccer Camp

Looking for a fun and engaging way for your young athlete to spend spring break? The Providence Pilots Spring Break Soccer Camp is the perfect opportunity for players to develop their skills, stay active, and have a blast with our Pilots coaches and players! Register now at <u>GoPilots.ca</u> and don't miss out on this exciting opportunity to train like a Pilot!

- Dates: March 31 April 4
- Location: Providence University College Gymnasium
- Ages: 8-12 (Grades 2-6)
- Run By: Coaches/players from the Pilots Men's & Women's Soccer Teams Our camp focuses on skill development, teamwork, and a love for the game, all in a fun and supportive environment. Whether your child is new to soccer or looking to refine their abilities, they'll learn from experienced athletes and coaches who are passionate about the sport.

#### <u> The Umbrella Project - Dr. Jen</u>

Who can help you with that goal? Autonomy doesn't mean that we do whatever we want, whenever we want without any help, support or regard for others. Healthy autonomy includes gathering information from those around us, weighing options and seeking out important relationships that eventually help us make self-directed decisions. When your child has something they are hoping to achieve, help them reflect on who could help them with that goal. Be careful to distinguish between "doing it for them" and "helping them learn to do it for themselves." Take the simple example of a child who really wants to start wearing their new shoes with laces to school but needs to be able to tie them at school by themselves.

Self-directed goal: Learn to tie my shoes. Parent asks: Who can help you with that? Child response: Mom or dad could show me on the weekend. My older sibling or teacher could help show me again if I forget the first few times at school.

Relationships are so important in being able to learn and build on our autonomy and should be identified when working on your child's independence. As a bonus, research shows that this question can help us think of others more positively, deepen our relationships and approach others more easily.

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## FLAG FOOTBALL IS COMING TO OUR COMMUNITY!





Includes one Blue Bombers ticket to pre-season home game in 2025.

### TO REGISTER & LEARN MORE, VISIT: BLUEBOMBERS.COM/HANOVERFLAGFOOTBALL





# SPRING BREAK SOCCER CAMP

MARCH 31 - APRIL 4 AGES 8-12

REGISTER TODAY

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