



BLUMENORT SCHOOL

BENGALS UPDATE 19 - JANUARY 16, 2026

Kindergarten Registration for the 2026-2027 School Year

Kindergarten Registration for the 2026-2027 school year is now open. Parents and caregivers are encouraged to register their children in January for September entry, as this will assist schools in planning and scheduling. Early registration also provides the opportunity to participate in upcoming orientation events in spring. To be eligible for September registration (2026-2027 school year), children must be five years of age on or before December 31, 2026. Students are required to attend the school within the catchment area where they reside, which ensures balanced enrollment across the division. For more information on school catchment areas and how to begin the online registration, please check out... <https://hsd.ca/schools/student-registration/>

Hanover Parent Child Community Program (HPCCP)

Do you have a child that is kindergarten-age or younger? Come and visit us for a program filled with laughter, songs, crafts, stories, and a snack! We have sites at Kleefeld Community Club, South Oaks, Southwood, Elmdale, Mitchell and Bothwell from September through June. We follow the same schedule as the divisional calendar. For more information, check our website: <https://studentservices.hsd.ca/pre-school/> We are a free drop-in program, no registration required! If you have any questions, please email Stacey Marcoux at smarcoux@hsd.ca

The Umbrella Project by Dr. Jen

Help your child shape their authentic self - Your child is crafting the story of their identity - listen closely. As children become more aware of themselves and their position in the world, they start to crave something we all want, a sense of unconditional belonging. Each experience a child has builds on their sense of identity, and they slowly start to develop the story of who they are. Who we are is in fact a story that is pretty open to interpretation. Some of the most formative experiences in our story are the ones that made us feel accepted or on the other side, isolated.

As your child's story emerges, start to look for *conditions of worth*. Conditions of worth are the things that we feel will give us value to others. These can range from being pretty, smart, funny, strong, to never getting upset, never losing etc. While these aren't bad qualities, we don't want our children's self esteem to be tied to these, creating anxiety every time they can't fully meet the expectation. This can cause a mix up in their authentic story and starts to create a social mask that they need to put on to feel accepted. Ever wonder why your funny friend doesn't seem to know when to turn it off? It's likely that they have created a condition of worth around being funny. Unfortunately, what this mask actually does is prevent them from ever feeling unconditionally accepted.

When you recognize these conditions of worth in your child, counter this message with two key parenting strategies:

1. Unconditional love and respect (harder than it sounds) - While most parents can say that they love their children unconditionally, it is not the message we *give* but the message they *receive* that is most important. To streamline the message you are trying to give with what they are actually receiving, try not to tie good behaviour with love and connection and bad behaviour with anger. This subtly tells kids that your affection does in fact have conditions and that they are less lovable when they aren't doing what you want them to. Instead, try to keep anger out of discipline and love out of praise. Avoid phrases like, "I love you...you're so kind" when your child is doing well at their condition of worth. Praise them without tying it back to your love for them. When discipline is necessary, try to zoom in a little and see the feeling - sadness, anger, jealousy, frustration. It will help you keep your cool and not bring anger into the equation. Remember their feelings are normal and suppressing them with anger doesn't make that feeling go away; but it can lead to a child who has trouble sharing their true feelings.
2. Parent in the *grey zone* - Help your kids find the normal exceptions to their conditions of worth in the *grey zone*. The more black and white our view of the world is, the easier it is to get caught up in our conditions of worth. In the black and white world we are either one way or another - smart or not, kind or not, funny or not. We can't be any of these things all the time and this is a clear set up for never feeling comfortable with your imperfections. This is especially true if, each time you fail at one of your conditions, you feel less loved or accepted. The permission to be imperfect and human like everyone else is a great way to alleviate anxiety and the *grey zone* is where this permission lives.

It's almost impossible to live an authentic life if you can't take ownership for your mistakes; however, ownership can be difficult for children. In fact, many of the adults I know struggle with this skill too.

Blumenort School Indigenous Merchandise



We are once again selling Blumenort School Indigenous Merchandise. Options are for T-Shirts, Hoodies and Toques in black, grey and orange. The order form has been electronically sent to you. Paper copies are available at the office.

Order Deadline is January 30th!

Grade 8 Farewell Committee Meeting

Our Grade 8 Farewell is held every June, but the planning needs to begin as soon as the new year arrives. If you are interested in being on our committee, please email Mrs. Benitez in our main office.

Scholastic Book Fair @ Blumenort School!

Get ready! The Scholastic Book Fair is coming our way (YAY!).

- DATES: February 3-5
- LOCATION: Blumenort School Library
- FAMILY NIGHT: February 4th from 4-7pm & February 5th from 4-5pm

Choosing their own books empowers kids and inspires them on their journey to becoming lifelong readers AND - as always - every purchase at the Fair benefits our school.

Volunteers Needed!

There are many events throughout the course of the school year that require parent volunteers. Those events include coaching, field trips, reading with students and helping at our school carnivals. In the past couple of years however, the process to become a parent volunteer has changed slightly, where we as a division require the checks to be completed **and** approved before anyone can volunteer. As a result, we are strongly encouraging those who are interested in volunteering in the school year ahead, to start this process when we return in September so that we can avoid the scramble for approved volunteers that we have experienced throughout the year.

Here are the 4 simple steps...

1. Pick up a **Volunteer Package** at our school office. We will provide a letter waiving the cost for the Criminal Record Check. (Please let us know when you will be coming in so that we can get the letter ready.)
2. Complete and return the **Volunteer Package** to the Blumenort School office in person. Be sure to bring the 2 pieces of ID used on the Child Abuse Registry Check.
3. Go in person to the Steinbach RCMP Detachment stating you need to do a **Criminal Record Check, including a Vulnerable Sector Search**.
4. Bring the original **Release of Results** from the Criminal Record Check to the school office.

Please note that It takes about 6-8 weeks to complete the volunteer process, once the paperwork is submitted. That is why we strongly recommend getting it completed well before the actual event you hope to volunteer for. Once approved, the paperwork is valid for **5 years**. However, every year you will be required to sign off on an **Annual Declaration**, which will be sent via email.

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PREMIER TEAM

'26 SOCCER TRYOUTS

U13 BOYS (BORN IN 2013)

SATURDAY, 24 JANUARY - 2:45 - 4:20
SATURDAY, 31 JANUARY - 10:00 - 11:45
SATURDAY, 7 FEBRUARY - 10:00 - 11:45

SIGN UP HERE :



LOCATION: CLEARSPRINGS MIDDLE SCHOOL

FEE: 30\$ TRYOUTS FEE APPLIES

EMAIL: HANOVERPREMIER@GMAIL.COM

Blumenort Winter Fun Day!

BLUMENORT WINTER FUN DAY

Monday, February 11

12-3 - Fire-Pits, Canteen,
Skating, Dexter's Mini
Donuts

12 - Candy Scramble

1-3 - Sleigh Rides

1 - Boot Hockey
Tournament (teams of 3,
ages 12-15), Snow
Creation Contest

2 - Sled Racing (ages 6-11)

Prizes for all contests!



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