



BLUMENORT SCHOOL

BENGALS UPDATE 34 - MAY 8, 2026

The Umbrella Project by Dr. Jen

Do something you enjoy before problem solving - It's easy for children to obsess over the unpleasant things that happen to them. When we try to problem solve right after one of these events, it can be difficult to build optimism. Our brain naturally wants to match our memories and thoughts with the current mood we are in. Right after something unpleasant happens, it's much more likely that our brain will turn to pessimistic thoughts.

If you notice this happening with your child, help them learn to put something they enjoy in between the unpleasant event and problem solving, when possible. This strategy helps to bring them back to a more positive mood which will, in turn, lead to more optimistic problem solving. It will also improve the creativity of the solutions they come up with. Just remember to come back to the problem after the enjoyable activity. This shouldn't end in problem avoidance. It should instead teach your child that they can build optimism and better problem solving skills by intentionally improving their mood before they tackle difficult challenges.

Kindergarten Orientation & Registration Reminder

Our annual Kindergarten Orientation is set for Wednesday, May 20th. An email with information has been sent. Please call the office to book your appointment. If you have a child or are aware of someone who has a child who will be 5 years old on or before December 31, 2026, it is not too late to register. Our online registration process takes only a few minutes to complete. To begin, visit the HSD Kindergarten Registration page at <https://hsd.ca/schools/student-registration/>

Blumenort School PAC Family Picnic - June 26th from 11:30am-1:00pm

We are excited to announce the upcoming Blumenort School PAC Family Picnic, a fun-filled event for our school community! Please mark your calendars for June 26th and join us for a memorable day of outdoor activities and delicious food. Classes will also once again have the chance to contribute prizes for our exciting Silent Auction by donating items to create themed baskets as found on Page 2 of this newsletter!

Spring/Summer Programming for Middle Years Students and Families

Here are a few opportunities for our Middle Years students and their families this spring and summer...

GRADE 5 STAY SAFE! TRAINING

- Empower your child with essential life skills with the Stay Safe! course for youth ages 9 to 13. This course provides children with the knowledge and skills they need to stay safe when they are away from their parents or guardians, both at home and in their communities.
- For more information...
<https://www.redcross.ca/training-and-certification/course-descriptions/first-aid-training/babysitting>

GRADE 6 BABYSITTING TRAINING

- Are you a young person between 11 and 15 looking to learn basic first aid and caregiving skills? Become a responsible and skilled babysitter and provide care to children of different ages with the Babysitting course.
- For more information...
<https://www.redcross.ca/training-and-certification/course-descriptions/first-aid-training/stay-safe>

GRADE 8
YOUNG WORKER READINESS
Certificate Course

Required for young people aged 13-15 to legally work in Manitoba

Young Worker Readiness Certificate Course for Manitoba

FREE online course you can complete at home

SCAN ME!

bit.ly/ywrcmb

FREE

BLUMENORT SCHOOL PARENT COUNCIL NEWS

Blumenort School PAC Family Picnic – Friday, June 26th, 2026

Our Blumenort Parent Advisory Council is in the midst of planning for this year's Family Picnic Lunch and Silent Auction to be held on **Friday, June 26th**. Classes will once again have the chance to contribute by donating items to create themed baskets that will be auctioned off on June 26th. **You, or your child, need to be present to win a silent auction basket.** Classes and their corresponding themes are listed below. We ask that, if possible, each student bring in an item related to their class theme. Cash donations may be made in lieu of items. Feel free to spend as much, or as little as you would like. Items must be brought in to the school office by **Friday, June 12th**. Funds raised will be going towards various projects/items identified in collaboration with the school staff, students and members of the PAC. Thank you!

Silent Auction Theme Baskets

KKam & KKpm

Summer Fun

(ex. Outdoor games, ice cream/Slurpee gift cards, pool toys, water guns, beach toys/towels)

1W & 1N

Family Time

(ex. Puzzles, board games, bowling/swim passes)

2P & 2PL

Support Local

(ex. Local restaurant gift cards, local food products, locally made items)

3R & 3M

Read, Write, Arts & Crafts

(ex. Coloring books, crafts, diamond art, journals, pens, Chapters gift card)

4A & 4M

Gift Card Tree (*please put the dollar amount on the gift card*)

(ex. Sport Chek, McDonalds, Winners, Walmart, iTunes)

5W & 5P

Movie Night

(ex. Family friendly movies, cinema theatre passes, chips, candy, popcorn)

6CP & 6H

Sports

(ex. Sports equipment, Jets/Bomber gear, sports posters, badminton/pickleball nets)

7JP, 7MP & 7KK

Food Theme

(ex. Chips, candy, chocolate, pop/Gatorade)

8K & 8S

Outdoors

(ex. Fishing/camping gear (NO knives/guns), lawn chair, Cabella's/Canadian Tire gift card)

Grade 8 Farewell Hot Lunches

The Grade 8 Farewell Committee will be continuing their Hot Lunch Fundraiser in support of the Grade 8 Farewell Event, which will be taking place on Friday, June 12th.

For the month of April, our Hot Lunch Days will be on..

Wednesday, May 13th - Hot Dogs

Order form & money for this lunch needs to be handed in to your teacher by:

End of day TODAY!

Canteen will be closed on this day.

&

Friday, May 22nd - Grade 1-4 Hot Dogs / Grade 5-8 Track Canteen

Gr 1-4 order form & money needs to be handed in to your teacher by:

End of day on FRIDAY, MAY 15th, 2026!

Order Forms will be sent home soon.

Order Form and Exact Money (Sorry! No Cheques.)

We thank you for your support in celebrating the hard work these kids have put in throughout their years here at Blumenort School!

TRACK & FIELD
CANTEEN

★ MAY 22ND, 2026 ★

**FUEL UP,
CHEER LOUD**

**AND ENJOY
SOME TASTY TREATS!**

HOT DOG
\$2

COMBO 1 (GRADES 1-4)
INCLUDES: HOT DOG, JUICE BOX & CHIPS
\$5

COMBO 2 (GRADES 5-8)
INCLUDES: HOT DOG, POP & CHIPS
\$5

GATORADE
\$2.50

CAN OF POP
\$1.50

CHIPS
\$1.50

FREEZIES
\$1

GUMMY TREATS
\$2.50

★ **COME AND SUPPORT OUR ATHLETES
AND ENJOY SOME GREAT FOOD!** ↑

♥ **THANK YOU FOR SUPPORTING OUR ATHLETES!** ♥

BLUMENORT SCHOOL



BENGAL COOL TREATS!

GRAB A COOL TREAT & SUPPORT OUR SCHOOL!

ICE CREAM SANDWICH



\$2.00

JUMBO FREEZIES



\$1.00

MINI FREEZIES



\$0.25

CHAPMAN'S POPSICLE



\$1.00



SOLD EVERY FRIDAY

at LUNCH RECESS

FOR THE MONTHS OF

MAY & JUNE

WHERE TO FIND US:

GR. 8 DOORS

GR. 2 DOORS



THANK YOU FOR SUPPORTING OUR SCHOOL! CASH ONLY



STAY COOL. BE KIND. GO BENGALS!

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