



BLUMENORT SCHOOL

BENGALS UPDATE 37 - MAY 29, 2026

The Umbrella Project by Dr. Jen

This month at the Umbrella Project, we will build our Lifestyle skills. Lifestyle skills include the healthy habits your child needs to have the strength to hold up that big umbrella they are building. Food, sleep, outdoor time and other brain foods are extremely important in helping your child use their valuable coping skills.

When we're hungry, tired, or haven't had enough exercise, our brains don't work as well, making it more difficult to practice all the other skills of wellbeing. We can become grouchy, short-tempered, and less capable of coping with the day-to-day challenges of life. Even people with the strongest coping skills can't use them as well when they aren't feeding their brains properly. Making the choice to establish healthy lifestyle behaviours (such as eating well, sleeping enough, and exercising regularly) has been shown to reduce stress, elevate mood, improve immune system function, and make learning easier.

Get a good start to the day - The way your child starts the day has a powerful effect on their wellbeing. For many children, there is no better way to get them on track for the day than some physical exercise. This is especially true for kids who struggle with anxiety, low mood or difficulty concentrating in class. Exercise releases powerful brain neurotransmitters that have a big impact on how their brain will work for the rest of the day. Here are a few options for morning exercise:

- Set up an obstacle course around the house that they can race through (trying to beat previous times is a great motivator)
- Send them outside 10 minutes early to run around
- Get a mini trampoline they can use inside for cold and rainy days
- Bike or walk to school
- The options are endless - so try to pick something your kids will want to engage in!

This can even be a family goal. Exercise in the morning will benefit you as much as your child, improving your mood and energy as well. Moving our bodies is a huge piece of our ongoing wellbeing. The morning is a perfect time to add this ritual to your day and set your family up for improved happiness and success.

Bengals Track & Field

Our Track and Field season is in full swing. Here are some important dates to remember...

- Tuesday, June 2nd - Grade 8 Divisional Meet in Steinbach (Rain Date is June 4th)
- Thursday, June 4th - Grade 7 Divisional Meet in Steinbach (Rain Date is June 10th)
- Monday, June 8th - Grade 5&6 Invitational Track Meet @ Steinbach Christian

Spring Concert - Save the Date!

Our final music concert of the year takes place on Thursday, June 18th! There will be two public performances: 1:30pm and 6:30pm. Families are invited to come enjoy - Grade 5 and 6 Music classes, Grade 5-8 Noon Choir and our Grade 7 and 8 Bands. Keep your eye on the weather - if it's a beautiful evening, we may have our Final Concert outside!

Blumenort School PAC Family Picnic - June 26th from 11:30am-1:00pm

We are excited to announce the upcoming Blumenort School PAC Family Picnic, a fun-filled event for our school community! Please mark your calendars for June 26th and join us for a memorable day of outdoor activities and delicious food. Silent Auction info can be found on Page 2, while details of the day itself and our La Cocina Fundraiser update can be found on Page 3!

Blumenort Hanover Parent Child Community Program

Do you have a child that is kindergarten-age or younger? Do you have some free time during the day? We have the place for you! Come and visit us for a program filled with laughter, songs, crafts, stories, and a snack! We are in the Blumenort Community Center on Tuesdays from 9:00 am to 11:30 am and Thursdays from 1:00 pm - 3:30 pm. Can't make it for the whole 2 and a half hours? That's fine with us! We are drop-in and you are always welcome to come late or leave early if that is what is best for you. Infants are more than welcome and we cannot wait to meet you and your child(ren)! Parents are required to stay with their child(ren). We are a free program and pre-registration is not required. Please bring indoor footwear during these snowy months! If you have any questions, please call student services at 204-326-9829.

BLUMENORT SCHOOL PARENT COUNCIL NEWS

Blumenort School PAC Family Picnic – Friday, June 26th, 2026

Our Blumenort Parent Advisory Council is in the midst of planning for this year's Family Picnic Lunch and Silent Auction to be held on **Friday, June 26th**. Classes will once again have the chance to contribute by donating items to create themed baskets that will be auctioned off on June 26th. **You, or your child, need to be present to win a silent auction basket.** Classes and their corresponding themes are listed below. We ask that, if possible, each student bring in an item related to their class theme. Cash donations may be made in lieu of items. Feel free to spend as much, or as little as you would like. Items must be brought in to the school office by **Friday, June 12th**. Funds raised will be going towards various projects/items identified in collaboration with the school staff, students and members of the PAC. Thank you!

Silent Auction Theme Baskets

KKam & KKpm

Summer Fun

(ex. Outdoor games, ice cream/Slurpee gift cards, pool toys, water guns, beach toys/towels)

1W & 1N

Family Time

(ex. Puzzles, board games, bowling/swim passes)

2P & 2PL

Support Local

(ex. Local restaurant gift cards, local food products, locally made items)

3R & 3M

Read, Write, Arts & Crafts

(ex. Coloring books, crafts, diamond art, journals, pens, Chapters gift card)

4A & 4M

Gift Card Tree (*please put the dollar amount on the gift card*)

(ex. Sport Chek, McDonalds, Winners, Walmart, iTunes)

5W & 5P

Movie Night

(ex. Family friendly movies, cinema theatre passes, chips, candy, popcorn)

6CP & 6H

Sports

(ex. Sports equipment, Jets/Bomber gear, sports posters, badminton/pickleball nets)

7JP, 7MP & 7KK

Food Theme

(ex. Chips, candy, chocolate, pop/Gatorade)

8K & 8S

Outdoors

(ex. Fishing/camping gear (NO knives/guns), lawn chair, Cabella's/Canadian Tire gift card)

BLUMENORT SCHOOL PARENT COUNCIL NEWS

Blumenort School PAC Family Picnic - June 26, 2026, 11:30am – 1:00pm

Save the Date! We are excited to announce the upcoming Blumenort School PAC Family Picnic, a fun-filled event for our school community! Please mark your calendars for June 26th and join us for a memorable day of outdoor activities, delicious food, and exciting silent auction prizes. Here are some important details to note before that day:

Important Details Before the Day:

1. Silent Auction Donations: We kindly request your support by donating items for our silent auction. Your generous contributions will help raise funds for our school. Please drop off any donated items at the school office by June 12th.
2. Silent Auction Tickets: Silent auction tickets will be available for pre-purchase and available to purchase at the picnic. Each sheet contains 25 tickets, and you can buy one sheet for \$10 or three sheets for \$20. Pre-purchase your tickets by June 12th to secure your chances of winning amazing prizes! Order forms are going home today.
3. Pre-buy Pizza: Don't miss out on our delicious pizza offers! You can pre-order full pizzas or pizza slices using the LUNCHBOX site. Please place your pizza orders by June 12th. Remember to order under your OLDEST CHILD's name to ensure a smooth distribution process.

Day of the Picnic: June 26 @11:30:

1. Arrival: On the day of the picnic, please arrive at the school for 11:30 and stop by the table in the entrance to pick up your silent auction tickets.
2. Enjoy Lunch with Your Children: Pick up your pre-ordered pizza(s) or pack a picnic lunch. Grab your children from youngest to oldest and enjoy a delightful lunch together.
3. Silent Auction Tickets: Don't forget to place your silent auction tickets in the designated bags in the gym by 12:15pm. This will give you a chance to win fantastic prizes!
4. Dexter's MINI Donuts: Indulge in the deliciousness of Dexter's MINI donuts, available on-site in the back parking lot for your enjoyment.
5. Silent Auction Prize Draw: The silent auction prize draw will take place at 12:30 PM in the gym. Remember, you need to be present to win. Good luck!

Return to Class and Afternoon Plans:

Please ensure that your children are back in their respective classrooms by 1:00 PM. If you plan on taking your child home for the afternoon, kindly notify the office in advance. We look forward to a fantastic day of celebration and community bonding at the PAC School Picnic. Your participation and support make events like these truly memorable. Thank you for being a part of our wonderful school community!

La Cocina Fundraiser

A huge thank you to everyone who participated in the La Cocina chip fundraiser! With your support, we raised \$472.39. Thank you for helping make it a success!

BLUMENORT SCHOOL



BENGAL COOL TREATS!

GRAB A COOL TREAT & SUPPORT OUR SCHOOL!

ICE CREAM SANDWICH



\$2.00

JUMBO FREEZIES



\$1.00

MINI FREEZIES



\$0.25

CHAPMAN'S POPSICLE



\$1.00



SOLD EVERY FRIDAY

at LUNCH RECESS

FOR THE MONTHS OF

MAY & JUNE

WHERE TO FIND US:

GR. 8 DOORS

GR. 2 DOORS



THANK YOU FOR SUPPORTING OUR SCHOOL!
CASH ONLY



STAY COOL. BE KIND. GO BENGALS!



Accent
SINGERS
present

sounds of
Spring

St. Paul's Lutheran Church
Sunday, June 7
3:00 PM

Directed by Meredith Hutchinson
Accompanied by Annalee Schellenberg

Adults: \$15
Students: \$5
Children (<13): Free
Tickets available at the door

With Special Guests:
Shannon Sawatzky, Kim Bestvater-Sidorchuk,
and the Blumenort Middle School Choir
Also featuring Accent Singers Alumni



EASTMAN

Male Choir

— IN CONCERT —

Special Guests

Blumenort School

Grade 5-8 Noon Choir

Sunday,

May 31st

7:00 PM



**Grace
Mennonite
Church,
Steinbach**

Free Admission!

Collection will be taken to
Steinbach Community Outreach





JUNE 2026

BENGALS CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
1 <i>Umbrella Project Healthy Lifestyle & Seven Grandfather Teachings Love Kickoff Assembly @ 910am</i> Day 5	2 <i>HSD Gr. 8 Track & Field Day - Steinbach</i> Day 6	3 Day 1	4 <i>HSD Gr. 8 Track & Field Day - Rain Date OR HSD Gr. 7 Track & Field Day - Steinbach</i> Day 2	5 Day 3
8 <i>Grade 5&6 Invitational Track Meet @ Steinbach Christian</i> Day 4	9 <i>Grade 7&8 Provincial Track Invitational</i> Day 5	10 <i>HSD Grade 7 Track & Field Day in Steinbach - Rain Date</i> Day 6	11 Day 1	12 <i>All Library Books Returned</i> Day 2
15 <i>Lost & Found Week</i> Day 3	16 Day 4	17 <i>Grade 7&8 Science Fair</i> Day 5	18 <i>Grade 5-8 Spring Concert @ 130pm & 630pm</i> Day 6	19 Day 1
22 <i>HSD Grade 7&8 Soccer Tournament</i> Day 2	23 Day 3	24 Day 4	25 Day 5	26 <i>Gr. 7&8 Awards Day @ 1030am</i> <i>Blumenort PAC Family Picnic Day 11:30am-1:00pm</i> <i>K-3 Carnival PM Gr. 4-8 Fun Day PM</i> Day 6
29 <i>Administration Day NO CLASSES</i>	30 <i>Administration Day NO CLASSES Reports Issued</i>	Summer Holidays: June 27th-September 9th. Classes Resume: Thursday, September 10th!		