



BLUMENORT SCHOOL

BENGALS UPDATE 05 - OCTOBER 2, 2026

Terry Fox Run - Friday, October 2nd

Thank you to Mr. Giesbrecht for organizing this year's run and for everyone's support with the Toonies for Terry program!

Fire Prevention Week - October 4th-10th

Fire Prevention Week™ is October 4–10, 2026. "Charge Into Fire Safety™. Safe Charging Is a Superpower" focuses on the everyday charging habits that can help reduce the risk of lithium-ion battery fires and keep homes and communities safer. Plug in. Power up. Stay safe!

Thanksgiving Lunch - October 6th

We are so excited to once again be hosting our annual Thanksgiving Lunch on Tuesday, October 6th at 12-noon. Our students will bring their regular lunch down to the gym for a picnic style lunch with their classmates. Our teachers will also be in touch with you about what items they may need for their class picnic. This event has been a wonderful tradition in Blumenort School and we look forward to seeing all our students gather together!

Bengals Cross-Country Running - October 7th & 14th

A reminder...

- **HSD Divisional Run # 1** - Wednesday, October 7th (pm only) at Abe's Hill/ Steinbach Soccer Park. All Blumenort runners who have faithfully attended practices will represent our school.
- **HSD Divisional Run # 2** - Wednesday, October 14th (pm only) at AD Penner Park. All Blumenort runners who have faithfully attended practices will represent our school. Following this race, the Divisional banners will be presented.

Hearing Screening - October 13th & October 14th

Hearing Screening is taking place here at our school on October 13th and 14th. All Kindergarten and Grade 1 students will be screened. If you have a child in a different grade and would like their hearing checked, please call the school office.

Advanced Gratitude by Dr. Jen, The Umbrella Project

It's a great time to introduce what can be thought of as a more advanced form of gratitude called 'connective gratitude'. As parents, we do a pretty good job of training our children to demonstrate so-called 'expressive gratitude'. Expressive gratitude means saying thank you and verbally expressing our gratitude. However, many children are so conditioned to say thank you that they rarely think twice about it. Showing that we are grateful goes much deeper and gets into the realm of connective gratitude.

Connective gratitude means offering something meaningful to another person as an expression of gratitude, something that they would like to receive. This is a level up when it comes to being grateful and takes into account more fully the feelings and wishes of the other person. This also helps us to build empathy. Here's an example: You go back to school shopping with your child and buy them some new outfits for school this year. Expressive gratitude: Your child says, "Thank you so much, I love them!" Connective gratitude: Instead of throwing their clothes on the floor at the end of the day, they take care of them by folding and putting them away as you have been asking them to do for months.

In the connective gratitude example, they are thinking about what you might appreciate and doing that as a way to show their gratitude. This example is certainly pulled from my own life and what connective gratitude would look like for me but it is different for everyone. The big idea is that you are thinking about what the other person would like to receive. Helping your children reflect on these opportunities to show their thanks in a connective way is a great way to build and advance their gratitude skills.

10 Park Street • Blumenort, MB, R0A 0C1 • Phone: (204) 326-1757 • Fax: (204) 326-8125

Email: blumenort@hsd.ca • Web: <http://blumenort.hsd.ca> • Instagram: [blumenorthsd](https://www.instagram.com/blumenorthsd)